

Physical Education Curriculum Analysis Tool (PECAT)

The Physical Education Curriculum Analysis Tool (PECAT) will help school districts conduct a clear, complete, and consistent analysis of written physical education curricula, based upon national physical education standards. The PECAT is customizable to include local standards. The results from the analysis can help school districts enhance existing curricula, develop their own curricula, or select a published curriculum, for the delivery of quality physical education in schools.

To download the PECAT modules, go to: <http://www.cdc.gov/healthyyouth/PECAT/index.htm>